

Breakout Session Descriptions:

Morning Sessions: 10:50 a.m.—12:00 noon

A. Economic Impact of Depression & Suicide on the Workplace, presented by OSPF Consultant, Ellen Anderson, Ph.D. People age 35 to 54 account for 41% of the suicide deaths in Ohio. Learn how coalitions can help the business community understand the cost of untreated depression, mental illness, and/or addiction disorders and decrease suicide risk in their organizations.

B. Cultural Competence in Suicide Prevention, presented by Charleta Tavares, Executive Director, Multiethnic Advocates for Cultural Competency. Ohio is a state of multiple cultures and ethnic groups. Ms. Tavares will discuss strategies for increasing cultural competence in suicide prevention initiatives.

C. Suicide, PTSD and the Returning Soldier, presented by Josephine Ridley, Ph.D. Clinical Psychologist/Program Manager at Lewis Stokes Cleveland VA Medical Center and Vietnam Veteran, John Logan, Jr. While the overall rates of suicide are declining in the U.S., rates of suicide in the military have increased. Attendees of this workshop will be exposed to the most recent statistics related to suicide in the veteran and military population. PTSD symptoms will be described and the relationship between PTSD and suicidality will be explored. This workshop will also share evidence based treatments for PTSD and strategies for reducing suicide risk in veterans.

D. Grief Following Suicide Loss, presented by Robert Bartha, Ph.D. While grieving any death can be difficult, the grief of a suicide carries with it additional complexities, including shock, guilt, blame, religious concerns, and the often unanswerable question of "why?" Dr. Bartha will discuss the 'unique' grief of survivors and strategies to help raise awareness and empathy.

Breakout Session Descriptions Continued:

Afternoon Sessions: 1:30—2:40 p.m.

E. Working Together to Save Lives presented by Sandra Harstine, Co-Chair, Muskingum County Suicide Prevention Coalition & D. Larry Branham, LSW, Prevention Coordinator, Thompkins Child & Adolescent Services. This workshop will address the public health approach to suicide awareness, prevention and intervention; the specifics involved in forming and sustaining a coalition; strategic planning; community and school trainings; awareness campaigns and establishment of support programs for survivors. A panel of coalition members will answer questions.

F. Outreach Strategies for Suicide Attempt Survivors, presented Mary Brennen-Hofmann, Coordinator of Suicide Prevention Services at North Central Mental Health Services. Having made a suicide attempt is one of the strongest known predictors of future suicidal behavior. This workshop will address post-attempt issues facing suicide attempters and their families, including the recent Lifeline report on recommendations suggested by attempt survivors and strategies used in Franklin County to reach this population.

G. Suicide and Depression in Older Adults, presented by Lea Blackburn, LISW, ACSW, Director Gerlach Center for Senior Health. Attendees will understand the pivotal role health care and other professionals play in identifying depression and suicide in older adults. Ms. Blackburn will discuss the prevalence of depression and suicide in this population. A brief suicide risk assessment model designed for older adults will be presented.

H. The Results Are In! presented by Paul Granello, Ph.D., LPCC, Associate Professor OSU and Principal Investigator OSPF and Debra Copeland, M.H.C.S., Program Administrator OSPF. September 30, 2007 marked the completion of the first year of the Garrett Lee Smith SAMSHA Grant for OSPF. The presenters will discuss the growth of the project and the many interesting facts and statistics learned about youth suicide risk in Ohio.

Breakout Session Descriptions Continued:

Afternoon Sessions: 2:50—4:00 p.m.

I. Suicide, PTSD and the Returning Soldier
Repeat presentation of Workshop C.

J. Fostering Collaborative Partnerships to Address Suicide and the Alcohol/Drug Connection, presented by Kristen Gish, OCPS I, Drug-Free Action Alliance and Kris Washington, OCPSII, Prevention Administrator ODMH. Since alcohol and/or drug use is the second highest risk factor for suicide, this workshop will address the connection between the two and how local AOD coalitions and suicide prevention coalitions can work collaboratively to address this issue.

K. Working Together to Save Lives
Repeat presentation of Workshop E.

L. Suicide & the GLBTQ Population, presented by Angie Wellman, M.Ed., LPC, Executive Director, Kaleidoscope Youth Center. This workshop is designed to provide basic information on sexual orientation and gender identity and risks facing GLBTQ youth. The impact of societal influences and familial and peer reactions on mental health will be discussed. Attendees will participate in a number of activities defining specific tools and skills to effectively work with, and advocate on behalf of, this vulnerable population.



Ohio Suicide Prevention Foundation

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Ohio Suicide
Prevention
Foundation



4th Annual Suicide Prevention Coalition Conference

Date: 11/29/07

Holiday Inn Hotel
Columbus/Worthington
7007 High Street
Worthington, OH 43085

With Support From: the Ohio
Dept. of Mental Health, Ohio
Dept. of Alcohol & Drug
Addiction Services, Ohio Dept.
of Education and The Ohio
State University

4th Annual Suicide Prevention Coalition Conference

You are cordially invited to attend the 4th Annual Suicide Prevention Coalition Conference presented by the Ohio Suicide Prevention Foundation (OSPF) with support from the Ohio Department of Mental Health, Ohio Department of Alcohol and Drug Addiction Services, Ohio Department of Education and The Ohio State University. This one-day conference has been specifically designed to meet the needs of new and established county suicide prevention coalitions. Survivors of suicide, mental health professionals, social service providers, educators, consumers, family members and others concerned with preventing suicide and saving lives are encouraged to attend the conference.

Participants attending the conference will be able to:

- Describe risk factors and warning signs of depression and suicide
- Discuss evidence related to community-based suicide prevention
- Identify promising programs and interventions to reduce the risk of suicide and help prevent suicide deaths
- Identify directions for future suicide prevention initiatives
- Utilize knowledge of local and national resources to raise awareness, enhance coalition development and initiate programs to reduce the rate of suicide in their communities.

6.0 Continuing Education Credits (CEUs and/or Recognized Clock Hours (RCHs)) will be provided by the Crisis Intervention and Recovery Center Incorporated, an approved provider.

Plenary Session

Suicide Prevention: the Good, the Bad, the Ugly, and the Future! This presentation will focus on providing an overview of community-based approaches to suicide prevention. Specific attention will be given to what we know and do not know about suicide prevention in general and community-based prevention, specifically. The presenter will conclude by offering ideas for future suicide prevention initiatives.

James Rogers, Ph.D. is a Professor in the Department of Counseling at the University of Akron, and an Adjunct Professor of Behavioral Sciences for The Northeastern Ohio Universities College of Medicine. In addition to serving as co-training director for the Collaborative Program in Counseling Psychology, Dr. Rogers also serves as the editor of the *Journal of Mental Health Counseling*. Dr. Rogers is currently the President-Elect for both the American Association of Suicidology, and Section VII (Clinical Emergencies and Crises) of Division 12 (Clinical Psychology) of the American Psychological Association. In addition to his professional responsibilities, Dr. Rogers also volunteered his time as a New York City Incident Response Red Cross Mental Health worker following the terrorists attacks of September 11, 2001.

Scholarship Information: A limited number of scholarships are available for survivors of suicide, mental health consumers, family members and students. Recipients will receive free registration. To apply, please check the scholarship request box on the registration form.

Questions Contact:
Cheryl Holton, Program Administrator
614-688-4480 or Holton.32@osu.edu

Program Agenda

- 8:30 am Registration & Continental Breakfast
- 9:00 am Welcome, Carolyn Givens, Ex. Dir. OSPF
Introduction, Charleta Tavares, Chair
OSPF Board of Directors
- 9:10 am Opening Plenary, James Rogers, Ph.D.
Suicide Prevention: the Good, the Bad, the Ugly, and the Future!
- 10:50 am Morning Breakout Sessions:
- Economic Impact of Depression and Suicide on the Workplace
 - Cultural Competence in Suicide Prevention
 - Suicide, PTSD and the Returning Soldier
 - Grief Following Suicide Loss
- 12:00 noon Networking Lunch and
State of the State Report
Angela Cornelius, Director, ODADAS
Leslie Brower, Deputy Director Division of Program and Policy Development, ODMH
Mary Lou Rush, Executive Director, Center for Students, Families and Communities, ODE
- 1:30 pm Afternoon Breakout Sessions:
- Working Together to Save Lives
 - Outreach Strategies for Suicide Attempt Survivors
 - Suicide and Depression in Older Adults
 - The Results Are In on the SAMHSA Grant
- 2:50 pm Afternoon Breakout Sessions II
- Suicide, PTSD and the Returning Soldier
 - Fostering Collaborative Partnerships to Address Suicide & the Alcohol/Drug Connection
 - Working Together to Save Lives
 - Suicide & the LGBTQ Population
- 4:00 pm Turn in Evaluations and Pick-up CEUs/RCHs

Registration

The registration fee is **\$35.00** for coalition members and **\$50.00** for non-members. Please make check or purchase order payable to the Ohio Suicide Prevention Foundation. Each registrant must complete a registration form and select a morning and two afternoon breakout sessions. Complete this form and mail with a check or Fax with purchase order by November 26, 2007 to Ohio Suicide Prevention Foundation, 1900 Kenny Rd., Columbus, Ohio 43210 or 614-292-1260

Name _____

Agency _____

Address _____

Email _____

Phone _____ Fax _____

Sign-up for Breakout Sessions:	1st Choice	2nd Choice
Morning 10:50 to 12:00		
Afternoon 1:30 to 2:40		
Afternoon 2:50 to 4:00		

- Vegetarian Lunch Requested
- Scholarship Requested

Return Registrations to:

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