

Ohio Suicide Prevention
Foundation
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Assessing & Managing Suicide Risk: Core Competencies for Mental Health Professionals

Friday, March 14, 2008

8:30–5:00

Ohio Suicide Prevention Foundation
1900 Kenny Road
Columbus, Ohio

A one-day workshop for mental health professionals on assessing suicide risk, planning treatment, and managing the ongoing care of the at-risk client.

Sponsored by Ohio Suicide Prevention Foundation, the American Association of Suicidology, and the Suicide Prevention Resource Center.



Suicidal behavior is a major cause of death and disability in the United States. Over 30,000 people die by suicide each year, the equivalent of one major airliner filled with passengers crashing every two days. Hundreds of thousands of people are treated in hospital emergency departments each year following a suicide attempt.

A significant proportion of people who die by suicide have had recent contact with a mental health professional. However, many providers are inadequately trained to assess, treat, and manage suicidal patients or clients.

Assessing and Managing Suicide Risk was designed to address that training gap. It teaches essential core competencies that meet the needs of an entire spectrum of mental health professionals, including psychiatrists, psychologists, licensed counselors, social workers, and employee assistance professionals.

Support

Partial funding for this Workshop provided by the Ohio Garrett Les Smith Substance Abuse and Mental Health Services Grant

Workshop Objectives

Participants will gain knowledge in the following core competencies:

- Managing one's own reactions to suicide
- Reconciling the difference and potential conflict between a clinician's goal to prevent suicide and a client's goal to eliminate psychological pain through suicide
- Maintaining a collaborative, non-adversarial stance
- Eliciting suicide ideation, behavior, and plans
- Making a clinical judgment of the risk that a client will attempt or complete suicide
- Collaboratively developing an emergency plan
- Developing a written treatment and services plan that addresses a client's immediate, acute, and continuing suicide ideation and risk for suicide
- Developing policies and procedures for following clients closely
- Implementing the principles of crisis management

More information

For more information, contact Cheryl Holton at 614-688-4480 or holton.32@osu.edu. This event will be wheelchair accessible. If you need additional accommodations, please inform Cheryl Holton.

Workshop Components

Assessing and Managing Suicide Risk includes:

- Pre-workshop reading materials
- 6 ½ hours of training, comprised of an engaging mix of lecture and exercises
- A 110-page participant manual, including an extensive bibliography and other valuable resources
- A video presentation in eight segments, highlighting the competencies taught
- Journaling throughout the day
- Ample time for discussion

Presenter

Samuel Wolfe MA, MS, LPCC is a clinical counselor in Marion, Ohio. Sam has been doing counseling in private practice for the past nine years and before that he worked in community mental health for seven years. His practice focuses on adults and adolescents with mood disorders, such as depression and Bipolar Disorder. Sam has presented at the national level with the North Central Association of Counselor Educators and Supervisors and at the state level with the Ohio Counselors Association. He is also an Employee Assistance Program (EAP) Educator for Aetna Insurance doing presentations around a variety of topics related to mental health, suicide prevention and management, and depression in adolescents. Sam is also currently completing his PhD in Counselor Education at The Ohio State University, where he was selected as 2006 Doctoral Student of the Year in the Community Counseling Program.

Registration

The registration deadline is March 7, 2008

No walk-ins will be accepted.

Contact information

Name: _____

Organization: _____

Address: _____

E-mail: _____

REQUIRED. Pre-workshop reading materials will be e-mailed to registrants.

Telephone: _____

Method of payment

The registration fee is **\$20.00**.

- Mail a check payable to Ohio Suicide Prevention Foundation
- *Refund policy: No refunds are available after March 7, 2008.*

Mailing address

Mail this form and your check to

Ohio Suicide Prevention Foundation
1900 Kenny Road,
Columbus, OH 43210