

# Ohio Suicide Prevention Foundation



325 Stillman Hall • 1947 College Road • Columbus, OH 43210

Phone (614) 292-8585

Fax (614) 247-6173

Web [ohiospf.org](http://ohiospf.org)

*Connecting for Life*

Dear Friends,

We are fast approaching November 20 a date set aside by the American Foundation for Suicide Prevention as a day of observance for Survivors of Suicide Loss. The Ohio Suicide Prevention Foundation is asking that you take a minute to read an article published in the October 24, 2010 Columbus Dispatch regarding, ***An Illusion of Treatment***.

Suicide is a major public health issue and it is the 10th leading cause of death for Ohioans. The most actuarially sound data from 2008 states that 1,402 Ohioans died by suicide. Studies have shown that 90% of suicide completions are related to undiagnosed or undertreated depression, other mental illnesses and or substance use disorder. These chronic and progressive illnesses are impacting Ohioans' health at an alarming rate, in fact people with serious mental illness die 25 years earlier than the general population (CDC Preventing Chronic Disease Vol. 3:No.2, Apr.2006)

Ohio is in the midst of some difficult economic times yet at the core of who we are as a people let us never become so callous as to not care for one another.

As Martin Luther King, Jr. said,

***“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”***

Join the Ohio Suicide Prevention Foundation and advocate to the Ohio legislature, policy makes, and the next Governor that returning greatness to Ohio is dependent on the health and well-being of Ohioans' body, mind and spirit. In communities across Ohio people are reaching out to try and help make a positive difference.

Let your voice be heard, write a letter to your Legislator, put an editorial in your local news paper emphasizing the need for increased funding for the prevention of suicide and the treatment of mental illness and addiction.

We must restore hope and connect for life for all Ohioans. This is a call to action!

Thank you in advance for making sure your voice is heard.

Carolyn Givens, Executive Director  
Ohio Suicide Prevention Foundation

Read these articles from the Columbus Dispatch:

['An illusion of treatment'](#)

[1988 act worked well, for a few years](#)

[Son's lonely ride through mental illness ends](#)

[Clients easily fall through safety net](#)



### Special Announcement In Injury and Violence Prevention from Children's Safety Network

*Dear Colleague letter: Harassment and bullying (October 26, 2010). Background, summary, and fast facts. - ED resources*

The U.S. Department of Education (ED) issued guidance to support educators in combating bullying in schools by clarifying when student bullying may violate federal education anti-discrimination laws.

The guidance also makes clear that, while current laws do not protect against harassment based on religion or sexual orientation, they do include protection against harassment of members of religious groups based on shared ethnic characteristics as well as gender and sexual harassment of gay, lesbian, bi-sexual, and transgender individuals.

<http://www2.ed.gov/about/offices/list/ocr/docs/dcl-factsheet-201010.pdf>

"Dear Colleague" letter, sent to schools, colleges and universities, explains educators' legal obligations to protect students from: student-on-student racial and national origin harassment; sexual and gender-based harassment; and disability harassment.

The letter provides examples of harassment and illustrates how a school should respond in each case.

<http://www2.ed.gov/about/offices/list/ocr/letters/colleague-201010.html>

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### SAMHSA Encourages Use of Mental Health Services Locator

Locate substance abuse and mental health treatment facilities across the United States at the following SAMHSA links. [Click here](#) for the substance abuse and treatment facility locator. [Click here](#) for the mental health services locator.

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### Center For American Progress Examines Integration of Behavioral Health Services into Primary Care

A Center for American Progress (CAP) [brief](#) examines the integration of behavioral health services into primary care and offers suggestions on how best to achieve care integration under the national health care reform law. The brief highlights current issues impeding care integration including a shortage of behavioral health providers, a disparity in access to behavioral health services and a lack of financial incentives for primary care providers to deliver high-quality behavioral health services. Additionally the authors examine insurance and financial barriers preventing individuals from receiving behavioral health services and structural aspects of the U.S. health care system that impede care integration. The brief recommends measures to improve care integration. proposes increased protection against discrimination for individuals with behavioral health disorders, and advocates for more youth-specific services.



### SAMHSA's 8 Strategic Initiatives

SAMHSA is announcing the release of *Leading Change: A Plan for SAMHSA's Roles and Actions 2011–2014* - a detailed plan for achieving the goals of the Agency's eight new strategic initiatives. These initiatives are designed to enhance the Agency's effectiveness by focusing its talents and resources on the key elements of its mission - reducing the impact of substance abuse and mental illness in America's communities. The eight strategic initiative categories are as follows:

- Prevention of Substance Abuse and Mental Illness
- Trauma and Justice
- Military Families
- Health Care Reform
- Housing and Homelessness
- Health Information Technology, Electronic Health Records
- Data, Outcomes, and Quality: Demonstrating Results
- Public Awareness and Support

SAMHSA's eight strategic initiatives are critical for enhancing its overall capacity to provide effective behavioral health services and information for a wide spectrum of needs. The Agency sought public support and is committed to doing everything possible to make a difference in improving the nation's behavioral health care system.

To read the full report, [click here](#).

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**QUESTIONS?** Contact OSPF at (614) 292-8585 or email at [givens.62@osu.edu](mailto:givens.62@osu.edu) or [holton.32@osu.edu](mailto:holton.32@osu.edu)

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**See Attached for Important Information about OSPF's  
Seventh Annual Suicide Prevention Coalition  
Conference!**



Art by Rhoda Miller

**Ohio Suicide Prevention Foundation**

# Seventh Annual Suicide Prevention Coalition Conference

**December 1 & 2, 2010**

**Featuring: Thomas Joiner, Ph.D.**



Distinguished Research  
Professor & The Bright-  
Burton Professor of  
Psychology, The Florida  
State University  
Presenting:

- *Why People Die By  
Suicide: A New Theory of  
Suicidal Behavior With  
Clinical Implications*
- *Myths About Suicide*

Location:  
Embassy Suites Columbus-Airport  
2886 Airport Drive  
Columbus, OH 43219

With Support From: the Ohio Dept. of Mental Health, and  
Ohio Dept. of Alcohol & Drug Addiction Services.

# 7th Annual Suicide Prevention Coalition Conference

You are cordially invited to attend the 7th Annual Suicide Prevention Coalition Conference presented by the Ohio Suicide Prevention Foundation (OSPF) with support from the Ohio Department of Mental Health, and the Ohio Department of Alcohol and Drug Addiction Services. The conference has been specifically designed to meet the needs of new and established county suicide prevention coalitions. This year the conference has a dual emphasis on suicide prevention research and community collaboration in Ohio. Survivors of suicide, mental health professionals, social service providers, educators, consumers, family members and others concerned with preventing suicide and saving lives are encouraged to attend the conference.

Participants attending the full conference will be able to:

- ◆ Describe risk factors and warning signs of depression and suicide
- ◆ Discuss the details of a new theory of suicidal behavior, and to understand the theory's relevance to topics like the epidemiology, neurobiology, and psychology of suicidal behavior
- ◆ Apply the theory's clinical relevance for topics like risk assessment and therapeutic techniques for the reduction of suicidal behavior
- ◆ Understand several myths about suicidal behavior
- ◆ Learn the facts about suicidal behavior that dispel myths
- ◆ Identify promising programs and interventions to reduce the risk of suicide and help prevent suicide deaths
- ◆ Increased knowledge about the association between access to lethal means and suicide, and the role of means restriction in preventing suicide.
- ◆ Identify directions for future suicide prevention initiatives
- ◆ Utilize knowledge of local and national resources to raise awareness, enhance coalition development and initiate programs to reduce the rate of suicide in their communities.

*Continuing Education Credits (Social Work, & Nursing CEUs and Recognized Clock Hours (RCHs) are pending*

# Program Agenda

## December 1, Agenda

- 8:30 am Registration & Continental Breakfast
- 9:00 am Welcome, Carolyn Givens, Ex. Dir., OSPF
- 9:10 am Morning Plenary  
**Thomas Joiner, Ph.D.**  
*Why People Die By Suicide: A New Theory of Suicidal Behavior With Clinical Implications*
- 12:00—1:00 pm Networking Lunch
- 1:00 pm Afternoon Plenary  
**Thomas Joiner, Ph.D.**  
*Myths About Suicide*
- 4:00 pm Evaluations

## December 2, Agenda

- 8:30 am Registration & Coffee
- 9:00 am Welcome and *State of the State Address*  
Carolyn Givens, Ex. Dir., Ohio Suicide Prevention Foundation
- 9:30—11:00 am Morning Plenary  
*CALM: Counseling on Access to Lethal Means*  
**Elaine Frank, MHS, Director, CALM**
- 11:00 am—12:15 pm *Corners Of Hope Panel Discussion—Highlighting Coalitions Making A Difference In Their Communities*
- 12:15 am—1:00 pm Lunch
- 1:00—2:15 pm Breakout Sessions  
**A. Coalition Advocacy Training and Toolkit**  
**B. Bullying/Suicide—How It's Impacting Our Youth**
- 2:30—3:45 pm Breakout Sessions  
**C. Social Media—Internet, Texting, Tweeting, Facebook, What Teens Know and You May Not**  
**D. What's Happening in the Military To Prevent Suicide, A Panel Discussion**
- 3:45—4:00 pm Evaluations and Closing

## Plenary Presenters



Thomas Joiner, Ph.D. is a Distinguished Research Professor and The Bright-Burton Professor of Psychology, The Florida State University. Dr. Joiner grew up in Georgia, went to college at Princeton, and received his Ph.D. in Clinical Psychology from the University of Texas at Austin. Dr. Joiner's work is on the psychology, neurobiology, and treatment of suicidal behavior and related conditions. Author of over 420 peer-reviewed publications, Dr. Joiner was recently awarded the Guggenheim Fellowship and the Rockefeller Foundation's Bellagio Residency Fellowship. He received the Young Investigator Award from the National Alliance for Research on Schizophrenia and Depression, the Shakow Award for Early Career Achievement from the Division of Clinical Psychology of the American Psychological Association, the Shneidman Award for excellence in suicide research from the American Association of Suicidology, and the Award for Distinguished Scientific Early Career Contributions from the American Psychological Association, as well as research grants from the National Institute of Mental Health, Department of Defense, and various foundations.

Dr. Joiner has authored or edited fifteen books, including *Why People Die By Suicide*, published in 2005 by Harvard University Press, and *Myths About Suicide*, published in 2010, also with Harvard University Press. He has made numerous radio, print, and television appearances, including write-ups in *The Wall Street Journal* and *The Times of London*, a radio interview on NPR's *Talk of the Nation*, and two appearances on the *Dr. Phil Show*. He runs a part-time clinical and consulting practice specializing in suicidal behavior, including legal consultation on suits involving death by suicide. He lives in Tallahassee, Florida, with his wife and two sons and is a survivor of his father's suicide.



Elaine Frank, MHS, Former director of the Injury Prevention Program at Dartmouth, was named New Hampshire Public Citizen of 2007 by the NHP Pediatric Society for her leadership in such initiatives as the NH Firearm Safety Coalition and the Youth Suicide Prevention Assembly. She and Mark Ciocca, Ph.D., ABPP, have delivered the CALM training to hundreds of health, mental health, and social service providers.

**CALM (Counseling on Access to Lethal Means)** is a clinical training on how to speak with at-risk patients and their families about reducing access to guns and other lethal mean at home until the suicidal crisis passes. A family-centered approach with tips on safe storage, temporary off-site storage, disposal options and firearm safety.

# Registration

The registration fee for both days of the conference is **\$100.00**. If you would like to attend only Dec. 1, with Dr. Joiner the fee is **\$85.00** and includes 6 CEU's. The cost for Dec. 2, only is **\$25.00**. Please make check or purchase order payable to the Ohio Suicide Prevention Foundation. Each registrant must complete a registration form and select two afternoon breakout sessions. Complete this form and mail with a check or Fax with purchase order by November 29, 2010 to Ohio Suicide Prevention Foundation, 325 Stillman Hall, 1947 College Road, Columbus, Ohio 43210 or Fax to 614-247-6173

Name
Agency
Address
City, State & Zip
Email
Phone
Fax
Please Circle <b>Dec. 1 &amp; 2 \$100.00 — Dec. 1, \$85.00 — Dec. 2, \$25.00</b>

December 2, Breakout Sessions:	1st Choice	2nd Choice
Afternoon 1:00 to 2:15 pm		
Afternoon 2:30 to 3:45 pm		

## Return Registrations to:

### Ohio Suicide Prevention Foundation

325 Stillman Hall  
 1947 College Road  
 Columbus, OH 43210  
 Phone: 614-688-4480  
 Fax: 614-247-6173  
 E-mail: Holton.32@osu.edu  
 www.ohiospf.org

## Rooms at the Embassy Suites Columbus-Airport

are available for this conference at a reduced rate of \$119.00 per night plus tax. Rooms must be reserved by 11/11/2010.

Please contact:

Embassy Suites Columbus-Airport  
 2886 Airport Drive  
 Columbus, OH 43219

PH: (614) 536-0500 FX: (614) 536-0217

<http://www.columbusairport.embassysuites.com/>