

# Ohio Suicide Prevention Foundation



325 Stillman Hall • 1947 College Road • Columbus, OH 43210

Phone (614) 292-8585

Fax (614) 247-6173

Web [ohiospf.org](http://ohiospf.org)

Connecting for Life

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Dear Friends,

On behalf of the members of the National Council for Suicide Prevention (NCSP), the Suicide Prevention Resource Center and the Ohio Suicide Prevention Foundation I am pleased to share with you some informational efforts to recognize World Suicide Prevention Day 2010. Many of you know that Worldwide Suicide Prevention Day (WSPD) is September 10<sup>th</sup> and you are part of or are coordinating activities in your community already which is great! To support that work and the International Association for Suicide Prevention's world suicide prevention day, a website and online events have been created to encourage others to join the suicide prevention movement.

The goal is to get people to "Take 5" to do something around suicide prevention: learn the warning signs, help a friend, share the message with 5 others, etc. A logo has been developed (See attached) that you can use on websites, in email blasts, on your Facebook pages, etc. The logo corresponds with the website [www.Take5ToSaveLives.com](http://www.Take5ToSaveLives.com) which is now up and running. Please share this with others. Attached is a one-page informational sheet for organizations to use on how to spread the word and a one-page document that you can share with individuals giving them suggestions on how to take part in the online community and movement as well. )

## You Can Help

You can begin to share this information within your organizations, add it to newsletters, etc. over the next 1-2 weeks, then increase your efforts to spread the message about WSP day the week of Sept. 6-10 and have included suggested Tweets and Posts to make it even easier for everyone to join in this virtual movement. Also created is a Facebook event, Facebook page and a Twitter feed which we support you adding to and watching. For those of you connected to Plaxo, LinkedIn or other online networking sites, please add a comment about WSPD there too.

If you would like your organization to be listed as a supporting organization please email [dreidenberg@save.org](mailto:dreidenberg@save.org). Updates to the National Council for Suicide Prevention website will continue to occur over the next few weeks.

Thank you for helping us to restore hope and connect for life.

Best Regards,

*Carolyn Givens*

Carolyn Givens, Executive Director