



Winter-Spring 2019 Mini-Grant Application Description Page

Introduction:

Dear Ohio Suicide Prevention Coalitions,
OSPF is excited to offer both Strategic Planning & Programmatic Suicide Prevention Mini-Grants for use in January-May 2019.

OSPF realizes Coalitions will have questions and feedback on the FY 19 Mini-Grant Process. **To help answer these questions, OSPF will offer a webinar on October 5th at 12:00 noon to provide an overview of the application process for both the Programmatic & Strategic Planning Grants—and to provide an informal Q&A time.** *This webinar will also be recorded and emailed to all coalitions for review if they are unable to attend on October 5th.*

To register for this webinar, visit:

https://zoom.us/webinar/register/WN_Kri0UDRjQ2i4oKnSJJXMyQ

Please reach out to Shawna.hite@ohiospf.org with any questions as you prepare your applications for submission.

Mini-Grant Opportunities:

Guidelines:

All coalitions can receive a maximum of 2 TOTAL mini-grants in 2 separate mini-grant categories: Category 1) Programmatic Mini-Grant; Category 2) Strategic Planning Mini-Grant. ***Coalitions may NOT receive 2 mini-grant awards in the same category (e.g. may not receive 2 programmatic or 2 strategic planning mini-grants).***

Coalitions may choose to apply for more than 1 mini-grant opportunity in each category. But OSPF will reserve the right to choose which of these mini-grants the coalitions receive when more than 1 mini-grant is applied for in either category.

The application selection process will be competitive and OSPF does not guarantee that every coalition which applies will receive a mini-grant as there are a limited number to disburse. Please be sure to answer the questions included in the online application clearly and fully to increase your chances of being selected.

**Mini-Grant Applications Due Date:
November 10th, 2018, 11:59 PM**

Directions for Applying:

Each coalition should submit **1 online application for their programmatic mini-grant request** and **1 separate online application for their strategic planning mini-grant request**. It is STRONGLY recommended that coalition leaders enter the online application(s), view the questions, and type out their answers in a word-processor. All content can then be copy and pasted into the online application (This will help to prevent grammatical errors).

Programmatic Mini-Grant Opportunities are described on Pages 4-12
Strategic Planning Mini-Grant Opportunities are described on Pages 13-17

Please limit open-ended responses to 400 words or less per question.

Complete the Programmatic online application at:
<https://www.surveymonkey.com/r/ProgrammaticApp19>

Complete the Strategic Planning online application at:
<https://www.surveymonkey.com/r/StrategicApp19>

Additional Deadlines:

Activities/Programming Deadline:

All events, trainings, activities, & campaigns receiving mini-grant support **MUST** be completed by **May 31st, 2019.**

Reporting Deadline:

All coalitions receiving mini-grant funding will be required to turn in a final report on the outcomes of their mini-grant activities **by June 30th, 2019.**

Programmatic Mini-Grant Opportunities

Each coalition can choose from the following list of programmatic opportunities to apply for mini-grant funding:

1. Host an evidence-based Gatekeeper Training in your community----- Pg. 5
2. Host a Means Matter event in your community----- Pg. 7
3. Host a mental health/ suicide prevention media campaign in your community----- Pg. 8
4. Host a suicide-prevention awareness event in your community----- Pg. 9
5. Host a suicide prevention training for a target population in your community----- Pg. 10

Additional information on each of the programmatic mini-grant funding opportunities is included on the following pages (5-11). Please be sure to follow the directions listed for each opportunity when applying. Please also be sure to only submit 1 online programmatic mini-grant application which includes answered questions for ALL programmatic mini-grant opportunities for which you are applying.

Complete the Programmatic online application at:
<https://www.surveymonkey.com/r/ProgrammaticApp19>

- Programmatic Mini-Grant Opportunity 1: Host a Gatekeeper Training

Use this option to support the hosting of 1 or more Suicide Prevention Gatekeeper trainings in your community. Coalitions awarded this opportunity will be provided \$1,000-2,000 to support the planning and implementation of a gatekeeper training in their community.

The gatekeeper training must be evidence-based. OSPF follows SAMHSA's definition for Evidenced Based:

- “1. The intervention is included in a federal registry of evidence-based interventions, such as the National Registry of Evidence-based Programs and Practices (NREPP) **OR**
2. The intervention produced positive effects on the primary targeted outcome, and these findings are reported in a peer-reviewed journal **OR**
3. The intervention has documented evidence of effectiveness, based on guidelines developed by the Center for Substance Abuse Prevention and/or the state, tribe, or jurisdiction in which the intervention took place”

For additional information on Evidence-Base Trainings, please [visit SAMHSA](#).

Any training/resource listed on the [Suicide Prevention Resource Center \(SPRC\)](#), [SAMHSA](#), [American Association of Suicidology](#), or a similar government, non-profit, or university website (e.g. National Institute of Health, Ohio State University) is considered an evidence-based resource. If you are unsure about the evidence-base of a training or resource you are considering, please verify that it is coming from a reputable source before including it in your application.

All coalitions applying for this opportunity must choose only 1 type of gatekeeper trainings to host. All coalitions must also demonstrate the support of at least 1 other organization for the gatekeeper training effort.

10 major gatekeeper trainings recognized by SPRC as evidence-based are listed in the application as options for evidence-based trainings to host. An “other” column is included whereby coalitions can list a different gatekeeper training, but any coalition using this option must include a detailed description of the gatekeeper training they are using and it must meet the guidelines for “Evidence Based” listed above.

The major gatekeeper training options include:

- 1) [Ask, Care, & Escort \(ACE\)](#)
- 2) [Applied Suicide Prevention Skills Intervention Training \(ASIST\)](#)
- 3) [Be A Link!](#)
- 4) [Late Life Suicide Prevention Toolkit](#)
- 5) [Mental Health First Aid \(MHFA\)](#) for Adults
- 6) [Mental Health First Aid \(MHFA\)](#) for Youth

- 7) [More Than Sad](#)
- 8) [Question, Persuade, and Refer \(QPR\)](#)
- 9) [safeTALK](#)
- 10) [Working Minds: Suicide Prevention in the Workplace](#)

A detailed budget will be required to be uploaded to the application showing planned use of the \$1,000-\$2,000. These funds can be applied to venue fees, speaker fees, material fees, audio-visual/technology fees, and other items demonstrated as necessary to host a gatekeeper training. **No portion of the funding may be used on catering/ food & beverage.**

A statement of support from at least 1 partnering organization will also be required to be uploaded to the application. Please gather the written support of one community organization in hosting and/or promoting the training prior to submitting the application.

If you are interested in promoting the Kognito Suicide Prevention Gatekeeper trainings, please visit the [OSPF Kognito Resources Landing Page](#). This is not listed as an opportunity here as all funding for Kognito is currently being provided by Ohio's SAMHSA GLS Grant. Contact shawna.hite@ohiospf.org with any questions on Kognito.

- Programmatic Mini-Grant Opportunity 2: Host a Means Matter Event:

Use this option to support the hosting of 1 or more Means Matter Events in your community. Coalitions awarded this opportunity will be provided \$1,000-\$2,000 to support the planning and implementation of a Means Matter event in their communities.

These events focus on the safe use and storage of firearms, medication, and other items able to be used for self-harm and their connection with suicide. Coalitions who select this option must use the resources and/or information provided on <https://www.hsph.harvard.edu/means-matter/>. (Other items and resources can be used in conjunction with this website's content.) For additional information on Means Matter, please [visit the Means Matter website](#).

All coalitions applying for this opportunity must choose at least 1 Means Matter Resource or Information Piece to highlight through their event. A description of this resource or information piece will be needed as you fill out the application.

A detailed budget will be required to be uploaded to the application showing planned use of the \$1,000-\$2,000. This funding can be applied to venue fees, speaker fees, material fees, and audio-visual/technology fees, and other items demonstrated as necessary to host a Means Matter event. ***No portion of the funding may be used on catering/ food & beverage.***

A statement of support from at least 1 partnering organization will also be required to be uploaded to the application. Please gather the written support of one community organization in hosting and/or promoting the Means Matter event prior to submitting the application. *Coalitions are encouraged to gather the collaboration of an organization dedicated to the safe use of firearms (e.g. local gun stores, military unites, shooting ranges, NRA clubs, etc.)*

- Programmatic Mini-Grant Opportunity 3: Host a Mental Health/ Suicide Prevention Awareness Media Campaign in your Community

Use this option to provide funding to support the development and implementation of a media campaign focused on suicide prevention in your community. *Coalitions who select this menu-driven item can be approved to receive \$1,000-\$2,000 for campaign development and implementation.* These funds can support the development of messaging and communication products necessary for the campaign and/or the actual implementation of communication via one or more communication modes (newspaper, email, tv, radio, social media, etc.)

Coalitions seeking funding to support the promotion of ongoing National or State-Level Suicide Prevention Campaigns can do so here by listing out their plans for promotion in the fields below.

The *National & State Campaign Materials to Promote* include:

- [Bethe1To](http://Bethe1To.com). Visit the main website @ [bethe1to.com](http://Bethe1To.com)
- [Be Present](http://BePresent.org). Visit the main website @ [bepresentohio.org](http://BePresent.org)
- [Man Therapy](http://ManTherapy.org). Visit the Man Therapy website @ [mantherapy.org](http://ManTherapy.org)

All coalitions who select this option must demonstrate plans to use recognized best practices for [safe suicide prevention messaging](#).

[According to the Suicide Prevention Resource Center \(SPRC\)](#), safe messaging includes 4 “Dos” and 5 “Don’ts”

Do: Emphasize help-seeking	Don’t: Romanticize suicide
Do: Emphasize Prevention	Don’t: Normalize suicide
Do: List Warning Signs	Don’t: Present suicide as inexplicable
Do Highlight effective treatments	Don’t: Focus on personal details
	Don’t: Describe suicide methods

Additional details on the above “Do’s and Don’ts” are available at [the following link](#). To learn more on safe messaging, visit SPRC.org.

A detailed budget will be required to be uploaded to the application showing planned use of the \$1,000-\$2,000. This funding can be applied to advertising fees, publishing fees, media development costs, printing costs, and other items demonstrated as necessary to developing and hosting a media campaign. **No portion of the funding may be used on catering/ food & beverage.**

A statement of support from at least 1 partnering organization will also be required to be uploaded to the application. Please gather the written support of one community organization prior to submitting the application. Coalitions are encouraged to include the collaboration of a local media-outlet.

- Programmatic Mini-Grant Opportunity 4: Host a Suicide Prevention Awareness Event

Use this opportunity to host a suicide prevention awareness event in your community. This option provides you with \$1,000-\$2,000 to support a mental health/suicide prevention awareness event.

Examples of awareness events include: walks and runs, celebrations, speaker engagements, community forums, remembrance events, etc.

All coalitions who select this option must demonstrate plans to use recognized best practices for [safe suicide prevention messaging](#).

[According to the Suicide Prevention Resource Center \(SPRC\)](#), safe messaging includes 4 “Dos” and 5 “Don’ts”

Do: Emphasize help-seeking	Don’t: Romanticize suicide
Do: Emphasize Prevention	Don’t: Normalize suicide
Do: List Warning Signs	Don’t: Present suicide as inexplicable
Do Highlight effective treatments	Don’t: Focus on personal details
	Don’t: Describe suicide methods

Additional details on the above “Do’s and Don’ts” are available at [the following link](#). To learn more on safe messaging, visit [SPRC.org](#).

A detailed budget will be required to be uploaded to the application showing planned use of the \$1,000-\$2,000. This funding can be applied to venue fees, speaker fees, material fees, and audio-visual/technology fees, and other items demonstrated as necessary to hosting a community awareness event. **No portion of the funding may be used on catering/ food & beverage.**

A statement of support from at least 1 partnering organization will also be required to be uploaded to the application. Please gather the written support of one community organization in hosting and/or promoting the suicide prevention event prior to submitting the application.

Note: This opportunity is separate from a media campaign. If you are interested in hosting a media campaign, please read the description for Programmatic Mini-Grant Opportunity 3.

- Programmatic Mini-Grant Opportunity 5: Host a Suicide Prevention Training for a Target Population in your Community

Use this option to support the hosting of 1 or more Suicide Prevention trainings for a target population in your community. This opportunity will provide coalitions with \$1,000-\$2,000 to cover the costs of hosting a Suicide Prevention Training for a target population in their communities.

Those who apply for this programmatic mini-grant opportunity should have a specific/target population chosen for whom they plan to host a training. Do NOT apply for this opportunity if a target population has not been chosen for your suicide prevention training.

The training must use evidence-based resources. OSPF follows SAMHSA's definition for Evidenced Based:

- “1. The intervention is included in a federal registry of evidence-based interventions, such as the National Registry of Evidence-based Programs and Practices (NREPP) **OR**
2. The intervention produced positive effects on the primary targeted outcome, and these findings are reported in a peer-reviewed journal **OR**
3. The intervention has documented evidence of effectiveness, based on guidelines developed by the Center for Substance Abuse Prevention and/or the state, tribe, or jurisdiction in which the intervention took place”

For additional information on Evidence-Based trainings/resources, [visit SAMHSA](#).

Any trainings/resources listed on the [Suicide Prevention Resource Center \(SPRC\)](#), [SAMHSA](#), [American Association of Suicidology](#), or a similar government, non-profit, or university website (e.g. National Institute of Health, Ohio State University) is considered an evidence-based resource. If you are unsure about the evidence-base of a training or resource you are considering, please verify that it is coming from a reputable source before including it in your application.

A detailed budget will be required to be uploaded to the application showing planned use of the \$1,000-\$2,000. This \$1,000 can be applied to venue fees, speaker fees, material fees, and audio-visual/technology fees, and other items demonstrated as needed to hold a suicide prevention training for your target population. **No portion of the funding may be used on catering/ food & beverage.**

A statement of support from at least 1 partnering organization will also be required to be uploaded to the application. Please gather the written support of one community organization in hosting and/or promoting the suicide prevention training prior to submitting the application. *Coalitions are encouraged to gather a letter of support from an organization which represents your target population.*

Note: *This opportunity is separate from a gatekeeper training. If you are interested in hosting a gatekeeper training, please read the description for Programmatic Mini-Grant Opportunity 1.*

Complete the Programmatic online application at:
<https://www.surveymonkey.com/r/ProgrammaticApp19>

Strategic Planning Mini-Grant Opportunities

Each coalition can choose from the following list of strategic planning opportunities to apply for mini-grant funding:

1. Complete a Community Needs Assessment----- Pg. 13
2. Build Coalition/Community Capacity----- Pg. 14
3. Develop an Action Plan----- Pg. 15
4. Evaluate Coalition Activities &/or Programs----- Pg. 16

Additional information on each of the strategic planning mini-grant funding opportunities is included on the following pages (13-16). Please be sure to follow the directions listed for each opportunity when applying. Please also be sure to only submit 1 online application which includes answered questions for ALL strategic planning mini-grant opportunities for which you are applying.

Complete the Strategic online application at:

<https://www.surveymonkey.com/r/StrategicApp19>

- Mini-Grant Opportunity 1: Complete a Community Needs Assessment

Use this funding to complete a needs assessment in your community. This option provides you with \$500-\$1,000 to complete a community needs assessment.

This community needs assessment can consist of conducting a survey, accessing data sources, hosting focus groups or interviews, and more. The purpose of this mini-grant is to enable your coalition to gather invaluable information on what are the most pressing issues related to suicide in your community. Needs assessments should be conducted BEFORE action plans are developed in a community.

All coalitions who pursue this opportunity should familiarize themselves with Step 1 of both the [SPRC Strategic Planning Approach](#) & [SAMHSA SPF Model](#). Do **NOT apply for this mini-grant opportunity without reviewing Step 1 of these models.** *This step should enable coalitions to better meet the suicide prevention needs of their communities & prepare them to better complete future steps in strategic planning.*

A detailed budget will be required to be uploaded to the application showing planned use of the \$500-\$1,000. This funding can be applied to planning costs, survey tools, interview/focus group costs, material fees, audio-visual/technology fees, and evaluation tools/fees necessary for completing a high-quality community needs assessment. **No portion of the funding may be used on catering/ food & beverage.**

A statement of support from at least 1 partnering organization will be required to be uploaded to the application. Please gather a written letter of support from one community organization in conducting, evaluating, and/or promoting the community needs assessment prior to submitting the application.

- Mini-Grant Opportunity 2: Build Coalition/Community Capacity

Use this funding to build your coalition's capacity to address suicide in your community. This option provides you with \$500-\$1,000 to support the development of your coalition's long-term capacity to address suicide.

Building capacity can consist of training coalition members on key suicide prevention practices/activities; establishing set policies, procedures, and infrastructure needed to maintain a coalition; increasing community partnership to expand outreach and impact; developing resources necessary to sustain coalition activities; and more.

All coalitions who pursue this opportunity should familiarize themselves with the [SPRC Core Competencies Capacity Building Primer/Infrastructure Development Primer](#) & [Step 2 of the SAMHSA SPF Model](#). Do **NOT apply for this mini-grant opportunity without reviewing the primers or model.**

A detailed budget will be required to be uploaded to the application showing planned use of the \$500-\$1,000. This funding can be applied to planning costs; tools, resources, or supplies needed to increase coalition activities; training of coalition members in suicide prevention or coalition building & sustainability; meeting fees; audio-visual/technology fees; and other fees which will address a demonstrated capacity need in your coalition/community. **No portion of the funding may be used on catering/food & beverage.**

A statement of support from at least 1 partnering organization will be required to be uploaded to the application. Please gather a written letter of support from one community organization in supporting the development of community capacity prior to submitting the application.

- Mini-Grant Opportunity 3: Develop an Action Plan

Use this funding to develop a Coalition Action Plan for suicide prevention in your community. This option provides you with \$500-\$1,000 to support the development of an action plan which enables your coalition to set goals and objectives, as well as steps for effectively reaching those goals in your community. Coalitions should develop actions plans based on an already completed community needs assessments.

Developing an Action Plan can consist of developing a logic model; selecting goals & objectives; creating timelines for project implementation; identifying & prioritizing community risk & protective factors; choosing prevention activities which are appropriate & feasible in your community; choosing partners responsible for activities, and more.

All coalitions who pursue this opportunity should familiarize themselves with [Steps 2-4 of the SPRC Strategic Planning Approach](#) & Step 3 of the [SAMHSA SPF Model](#). Do **NOT apply for this mini-grant opportunity without reviewing the above steps in these strategic planning models.**

A detailed budget will be required to be uploaded to the application showing planned use of the \$500-\$1,000. This funding can be used to host meetings to identify/prioritize risk & protective factors; convene workgroups to develop logic models; communicate with partners to identify suicide prevention activities' feasibility & appropriateness; select effective interventions, & other activities demonstrated as necessary to develop an effective Action Plan in your community.

Only coalitions who have already completed a community needs assessment are eligible to receive funding to develop an action plan. *If your coalition has not yet completed a needs assessment, please apply to conduct a community needs assessment this Fiscal Year and request funding to support the development of an action plan in the future.*

- Mini-Grant Opportunity 4: Evaluate Coalition Activities &/or Programs

Use this funding to conduct an evaluation of your coalition's suicide prevention activities and/or programs. This option provides you with \$500-\$1,000 to cover the cost of conducting evaluations & improving already existing programs & activities based on those evaluation results.

Evaluating already ongoing suicide prevention activities or programs can consist of analyzing local data analysis; hosting focus groups or interviews; creating pre-post OR post-only evaluation surveys and providing them to participants; evaluating survey & interview results; and more.

All coalitions who pursue this opportunity should familiarize themselves with [Step 6 of the SPRC Strategic Planning Approach](#) & [Step 5 of the SAMHSA SPF Model](#). Do **NOT apply for this mini-grant opportunity without reviewing the above steps in these strategic planning models.**

A detailed budget will be required to be uploaded to the application showing planned use of the \$500-\$1,000. This funding can be used to cover the cost of conducting paper, online, or phone-based surveys; hosting focus groups or interviews; analyzing pre-post activity data; purchasing data tools necessary to conduct an evaluation; implementing improvement activities based on those evaluation results; and other efforts or resources demonstrated as necessary to evaluate ongoing suicide prevention activities. **No portion of the funding may be used on catering/ food & beverage.**

A statement of support from at least 1 partnering organization will be required to be uploaded to the application. Please gather a written letter of support from one community organization in conducting evaluation(s) of your suicide prevention activities.

Complete the Strategic online application at:
<https://www.surveymonkey.com/r/StrategicApp19>
