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1st Annual

Northeast Ohio Regional Drug Summit

Sponsored by

Mahoning County

Alcohol & Drug Addiction

Services Board

November 12-13, 2009 8:30 a.m.—4:00 p.m.

Registration: 8:00 a.m.

Holiday Inn Youngstown South

Coordinated by ON TASC, Inc.

Hurry! Early Bird Special Price Ends November 2, 2009

WHO SHOULD ATTEND? Everyone! The Summit will have information appropriate for: Law Enforcement Officials Counselors/Therapists Judges Court Personnel Attorneys Social Workers Safe/Drug Free Schools Coordinators Faith-Based Communities School Administrators Human Services Staff Concerned Citizens/Parents Government Officials Health Care Professionals Court Administrators

Hout the Summit...

Substance abuse and addiction are complicated issues when examined from any angle. After seven years of sponsoring a county-wide

Drug Summit, the Mahoning County ADAS Board will be convening the First Annual Northeast Ohio Regional Drug Summit. This Summit represents an effort to bring together community stakeholders from all of Northeast Ohio to reduce substance abuse related problems. The Mahoning County ADAS Board hopes to build this into an annual event that will bring together professionals and community leaders from the entire region to network and share information on innovative and effective programming and best practices in the field.

- Promote an effective and efficient ATOD treatment and prevention system that provides for greater consistency and coordination of resources.
- Provide high quality, local professional development for ATOD treatment and prevention professionals, facilitating their certification needs.
- Provide opportunities for networking across multiple systems invested in the delivery of quality ATOD treatment and prevention services.
- Develop an annual regional conference that meets the needs of a broad base of constituents working in the ATOD field.

BREAKOUT TRACKS: This years Summit will again feature speakers and breakout sessions arranged in four "tracks": Prevention, Treatment, Legal/Law Enforcement and Schools/Education. The new expanded 2-day format will allow participants to attend sessions geared to everyone from the beginner to the seasoned professional. A wide variety of topics will be available to meet the needs of professionals who are acquiring or renewing certificates or licenses. As travel to Columbus for professional development becomes more costly, local opportunities for networking and professional growth will allow us to develop and implement high quality services for our region.

Featured Speakers...

Judge Theresa Dellick

Thursday, November 12, 2009

Keynote Presentation: Optical Illusions

When dealing with youth, what you see is not what you get. Learn how to listen with all of your senses.

About the presenter...

Theresa Dellick entered private practice after graduation from law school in 1983, became a partner in a Youngstown law firm and worked as a civil trial lawyer. In 1999, she became a county court judge with jurisdiction in Boardman, Austintown, Canfield and Sebring, and launched the misdemeanant drug court, which remains operational to date. In 2001, she became presiding and Administrative Judge for the Mahoning County Juvenile Court Judge.

Her administration of the juvenile court has been directed to balanced and restorative justice, and is focused on youth accountability and responsibility as well as preserving victims' rights. Judge Dellick believes that mental health and substance abuse issues are interrelated, and created a Treatment Court that blends the two elements for rehabilitation. She has launched many programs, including the Family Dependency Court, Day Reporting Program, Education Court, Truancy Court, DYS-Reentry Court, Mediation, a Counseling Department, a Jackson-Milton/Craig Beach/JJC Summer Camp, a Comprehensive Sports Program, Parent Project, KIND, Teen Court, and an ADHD program. The programs provide specific treatment and sanctions for the various court cases. They are strength-based and focus on assisting the family to become self-reliant. The programs have received state recognition for their effectiveness and serve as a model to other courts.

Under her direction, the Juvenile Detention Center has received accreditation from the American Corrections Association, and is only one of six in the State of Ohio to have received this certification. Judge Dellick has brought evidence based programs to Mahoning County that address juvenile rehabilitation. She has taken an active role in building collaborations between juvenile court, school districts, social service agencies and law enforcement.

Daily Agenda...

8:00-8:30 a.m.

Registration—

Coffee and Tea will be served

8:30-8:45 a.m.

Welcome and Opening Remarks Doris Primm, Executive Director, Mahoning County ADAS Board

8:45-9:45 a.m.

Keynote:

Thursday—Judge Theresa Dellick

Friday-Karen Vadino

9:45—10:00 a.m. Break/Transition to Breakout Sessions

10:00-11:30 a.m. Breakout Session 1

11:30-11:45 a.m. Transition to Lunch

11:45-12:45 p.m. LUNCH

12:45—2:15 p.m.

Breakout Session 2

2:15-2:30 p.m.

Break/Transition to Breakout Sessions

2:30-4:00 p.m.

Breakout Session 3

Karen Vadino

Friday, November 13, 2009

Keynote Presentation: All Stressed Up and No One to Choke!

This keynote presentation is designed to help participants recognize stressors, become aware of their own personal stress level and discover some healthy, effective methods to reduce stress. Time management and humor are discussed as methods for effective stress management.

About the presenter ...

Karen Vadino is a Motivational Speaker, Humorist, Trainer and Consultant. In her thirty-plus years as a human service professional, most of Karen's experience has been in the field of chemical dependency, both as a licensed clinician and as a certified prevention specialist. She has considerable experience working with children and families, having served as a clinician and supervisor in Children's' Services group homes and a Children's Psychiatric Hospital. Karen also has been a part -time instructor in Social Work, Sociology, Juvenile Justice and Human Development at Youngstown State University, Penn State University and Westminster College. Karen draws from her extensive and varied experience to form the foundation of her unique and distinctively humorous approach to life and work. For the past fifteen years, she has been a nationally recognized speaker and trainer sharing her inimitable insights with thousands of people - adults and youth - each year. Karen has been described as "one of those rare people who can make you laugh and cry in the same moment."

Thursday, November 12

ABOUT OUR PRESENTATIONS... The letters at the end of each description indicate the tracks for which the workshop is appropriate and the level of the presentation. They key is as follows: TRACKS: E = Education, P = Prevention, T = Treatment, L = Law Enforcement/Legal, F = Faith Based. LEVELS: B = Basic, I = Intermediate, A = Advanced. You are not limited to sessions within any track; you may attend any session regardless of track.

BREAKOUT SESSION 1

10:00-11:30 A.M

TH-1—Urine Trouble—90 minutes

Angie Giltner, LSW, LCDC III—Coordinator of Intervention Services, Your Human Resource Center

Participants can expect to learn about the wonderful world of urine drug testing, including false positives, adulterants, basic rules of thumb, drug interactions, myth busting, and courtroom testimony. Come, laugh, and learn everything you ever wanted to know about urine! Tracks P, T; Level I

TH-2—Specialty Docket Courts: Therapeutic Alternatives—90 minutes

Specialty Docket Courts can offer therapeutic interventions in lieu of prison, detention or other options that contribute to family disintegration. Hearing from direct line staff in these courts, participants will hear about the challenges and successes we see in the specialty docket programs. Track L; Levels B/I

TH-3—Tobacco Treatment—Exploring Best Practices—90 minutes

Danna Bozick, LSW, NCC, OCPSII, LICDC—Tobacco Treatment Specialist, HMHP Regional Tobacco Treatment Center

This workshop will explore the treatment of tobacco use and dependence based upon best practices outlined in the Public Health Service Guide-line 2008 Update. It will examine the treatment of nicotine dependence through various interventions, including pharmacotherapy and behavioral counseling. Track T, Level B

BREAKOUT SESSION 2

12:45—2:15 P.M.

TH-4—Drug Associated Deaths in Trumbull County—A 5 Year Retrospective—90 minutes

Dr. Humphrey D. Germaniuk, M.D., Trumbull County Medical Examiner and Coroner

Dr. Germaniuk will be discussing the changing paradigm—from street drug use to prescription medications, and will describe new and emerging trends. Although the statistics represent Trumbull County, the information is relevant through out the area. Tracks E, P, T, L, F; Level B

TH-5—The Mahoning County Bar Association Lawyers Assistance Committee—90 minutes

Attorney Linda Martin Saunders

Attorney Saunders will facilitate a panel of attorneys. The M.C.B.A.L.A.C. is the arm of the Bar Association to assist lawyers and their staff/ families dealing with Alcohol & Other Drug (A.O.D.) issues as well as mental health issues. Members execute a confidentiality agreement and are exempt from Bar Rules in revealing attorney misconduct or criminal acts. Tracks T, L; Level B

TH-6—Understanding Alcohol and Other Drug Dependency—90 minutes

Jerry Carter, LPCC-S, LICDC, Executive Director, Neil Kennedy Recovery Clinic

This workshop provides a brief introduction to the nature and symptoms of alcohol and other drug dependency. Workshop participants will learn the difference between use, abuse and dependency and will be introduced to the basic diagnostic and descriptive symptoms of this chronic illness.

Tracks E, P, T, L. F; Level B

TH-7—Drug Court Handbooks and Tracking—3 hours—This is a double session and goes until 4:00 p.m.

Judge Theresa Dellick, Mahoning County Juvenile Court

This workshop will assist participants in the understanding and development of a therapeutic juvenile drug court utilizing strength and evidenced base practices. A broad continuum of crucial elements to consider when working with youth in a positive and pro-social context will be explored as well as rewards and sanctions. A special emphasis specifically working with females in the judicial system will also be explored. Participants will receive a template handbook for the four phase program expansion and review the evolution of this dynamic and fluid, multi faceted program. Tracks L, T; Levels B/I

<u>TH-8—Trauma 101—3 hours</u>—This is a double session and goes until 4:00 p.m.

Jamie Marich, Ph.D., LPCC-S, LICDC

Proper study of trauma not only enhances our clinical practices, but it helps us to better understand the addiction cycle. In this workshop, counselors will be exposed to criteria for the PTSD diagnosis and to alternative hypotheses for understanding trauma. Participants will be able to recognize various degrees of trauma when they see it in clinical presentation and formulate the best treatment plan possible for an addicted client presenting with trauma. This workshop examines some important factors that every counselor needs to know about trauma when it comes to diagnosis and treatment planning. Tracks P, T; Level I

BREAKOUT SESSION 3

2:30-4:00 P.M.

If you selected TH-7 or TH-8 above it goes until 4:00 so you don't need to pick any of the following workshops.

TH-09—Kids and Drugs: What the Faith-Based Community Can Do—90 minutes

William "Guy" Burney, B.A., Executive Director, Community Pre-School

People who work with youth in a religious community play a vital role in their transition to adulthood. Guiding youth on this journey is a task filled with challenges. Youth leaders and mentors sometimes feel they have taken on a futile job. Yet, youth leaders can make a HUGE difference. This workshop is designed to help you work with the youth in your community to empower them to make wise decisions that will keep their journey to adulthood free from substance abuse. Track F; Level B

TH-10—Trends in Adolescent/Post Adolescent Drug Use, Treatment and Recovery—90 minutes

Amy Klumpp, MS.Ed, LSW, Drug Court Coordinator, ADAS Board

Mike Flatley, MA, LICDC, Program Director, Neil Kennedy Recovery Clinic

Based on anecdotal experiences from the specialty docket courts, treatment centers and law enforcement, Mike and Amy will share the new trends and challenges this population presents. Tracks E, P, T, L, F, Levels B/I

TH-11—Addictions Treatment & Recovery—90 minutes

Jerry Carter, LPCC-S, LICDC, Executive Director, Neil Kennedy Recovery Clinic

This workshop will provide an overview of the basics of addictions treatment and a description of the developmental process of recovery. Participants will be introduced to the continuum of care in the treatment of alcohol and other drug dependency and will be able to identify the key elements of good treatment. Participants will also be introduced to a description of the recovery process and be able to identify milestones in that process.

Tracks T, L; Level B/I



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BREAKOUT SESSION 1

10:00—11:30 A.M.

F-1—Drug Associated Deaths in Trumbull County: A 5 Year Retrospective—90 minutes (please see TH-4)

F-2—Alcoholic Energy Drinks—Do you really know what you are drinking? - 90 minutes

Laura Loychik-Pipoly, LPC Counselor and School Counselor

Jamye Loper, MS.Ed., BA, Mental Health Coordinator, NE Ohio Correctional Center

Many professionals do not know that many popular brands of energy drinks contain alcohol. This is a growing trend with adolescents and is a great concern because of the danger of mixing a depressant and a stimulant. Many of these drinks are marketed and packaged like their non-alcoholic versions, so a professional may not even know that they are being consumed in front of them. These drinks are being targeted towards youth and are being utilized in schools because they appear so similar to popular energy drinks. Tracks P, L, E; Level B

F-3—Teen Depression and Suicide—90 minutes

Marcia DeAscentis, MSW. LISW—School Mental Health Liaison, D & E Counseling Center

This workshop will look at the signs/symptoms and risk factors of teenage depression, as well as warning signs of teenage suicide. The connection between alcohol and other drug use and depression will also be discussed. In addition, screening/education programs for identifying teen depression will also be presented. Tracks E, P, T, F; Levels B, I, A

BREAKOUT SESSION 2

12:45-2:15 P.M.

F-4—Putting the Youth back in Youth Based Prevention Programming—90 minutes

Bobby Persinger, BA, RA, CIRS, Youth to Youth Program Coordinator, Pathways of Central Ohio

Lezlie Ankrom, BA, RA, Prev. Curriculum Coordinator, Pathways of Central Ohio &

A Panel of Licking County High School Youth

Many youth based prevention programs plan <u>for</u> youth instead of <u>with</u> youth. Youth to Youth operates on a policy that the young people in the program plan, coordinate and execute activities, community service projects, and drug-free alternatives from beginning to end with the assistance and support of program staff and adult volunteers. In this workshop, participants will better understand how the "youth as leaders" process works and how to use it to re-integrate youth in their youth based prevention programming. Tracks P, E; Level B

F-5—Alcohol, Tobacco and Street Drug Use by Pregnant Women—90 minutes

Pam Nock, LICDC, CPS I., Tobacco Treatment Specialist/Clinical Coord., HMHP Regional Tobacco Treatment Center

This workshop will examine the extent of current alcohol, tobacco and street drug use among pregnant women. The impact of this use, both during pregnancy and after birth, will be explored as it affects both the woman and her child. Finally, means of intervention with this at-risk population will be discussed. This workshop addresses conference goals in the following areas: families and addiction, drug specific topics, cross-systems collaborations. Track T; Level B

F-6—Prevention 101—Prevention History, Theory, Framework & Models—90 minutes

Doug Wentz, M.A., OCPS II, Director, Prevention Partners Plus

In this lively and interactive workshop, participants will review and discuss information about Ohio ATOD history, theory and methods of practice. Tracks E. F. P: Levels B/I

F-7—The Connection of Anger & Violence to Substance Abuse—3 hours—This is a double session and goes until 4:00 p.m.

Robert Marchese, MS Ed., LPCC, RAS, Executive Director, Boys & Girls Club of Youngstown

Substance use and abuse often co-exist with anger and violence. Anger and violence can have a casual role in the initiation of alcohol and other drug use and can be a consequence associated with substance abuse. Individuals who experience traumatic events, for example, often experience anger and act violently, as well as abuse alcohol and other drugs. Many substance abuse and mental health clients are victims of traumatic life events, which, in turn, lead to substance use, anger and violence. Tracks E, P, T, L, F; Level I

BREAKOUT SESSION 3

2:30—4:00 P.M.

If you selected F-7 above it goes until 4:00 so you don't need to pick any of the following workshops.

F-8—Trends in Adolescent/Post Adolescent Drug Use, Treatment and Recovery—90 minutes (please see TH-10)

F-9—From Maalox Moments to Calgon Calm—90 minutes

Karen Vadino, MSW, LPCC, OCPC, Motivational Speaker

Life is what happens to us while we're making other plans. So often we are sailing peacefully along when all of a sudden we are faced with a storm, several scattered showers or just variable cloudiness. This workshop is designed to explore practical techniques for returning to a more peaceful state of mind after weathering these storms. Tracks E, P, T, L, F; Levels B/I/A

F-10—Prevention 101—Current Prevention Definition, Activities & Strategies—90 minutes Doug Wentz, M.A., OCPSII, Director, Prevention Partners Plus

A currently working definition of prevention will be examined. The continuum of use, abuse and dependency and what we are actually trying to prevent will be explored. The six Center for Substance Abuse Prevention (CSAP) categories of service delivery will be presented and connected to current practices. Finally, participants will learn about some of the current "best practice" or evidence based prevention programs being utilized in Ohio and nationwide. Tracks E, F, P; Levels B/I

OVERNIGHT ACCOMMODATIONS:

For overnight accommodations at a special conference rate please contact the Holiday Inn at 330-726-1611. Be sure to mention you are with the Drug Summit coordinated by ON TASC, Inc. Other local hotels are also available, please call or email ontasc@aol.com for a list.

Registration Information

Section 1: Name and Address information

	Zip
FAX	
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	(Required for confirmation)
Speci	al Needs
Nov 3-Nov 9 \$115.00 \$115.00 \$195.00 ne seminar.	METHOD OF PAYMENT: Check Enclosed (payable to ON TASC) Purchase Order #(payable to ON TASC) Credit Card Mastercard Visa Discover American Express Card #
□ Veget	Baked Scrod Baked Scrod Ham & Cheese Croissant
	Nov 3-Nov 9 \$115.00 \$115.00 \$195.00 he seminar.

Please be sure to register for all workshop sessions available for each day you will be attending. Workshops are assigned on a first come-first serve basis. Audience capacity for each session is limited, so changes at the conference may not be possible.

Thursday, Nov	vember 12			
Please <u>circle</u> one choice for each set of breakout sessions				
Breakout Session 1—10:0 (90 minutes) TH-1	00—11:30 TH-2	TH-3		
OR	TH-5	TH-6		
Breakout Session 3—2:30 (90 minutes) TH-9) <u>—4:00</u> TH-10	TH-11		

Friday, November 13				
Please <u>circle</u> one choice for each set of breakout sessions:				
Breakout Session 1—10:00—11:30 (90 minutes) F-1 F-2 F-3				
Breakout Session 2—12:45—2:15 (90 minutes) F-4 F-5 F-6 OR (3 hours) F-7				
Breakout Session 3—2:30—4:00 (90 minutes) F-8 F-9 F-10				

Send completed registration form and payment to: ON TASC, Inc., 5500 Market St., Suite 119, Youngstown, OH, 44512 or FAX 330-783-1223 by November 9, 2009. Seating is Limited. For questions please call 330-783-5800, 1-888-267-0833 or email ontasc@aol.com.

A confirmation letter will be sent by email about 7-10 days before the Summit, if you don't receive one, please contact our office.