

988 SUICIDE & CRISIS LIFELINE

What is 988?



The 988 Suicide & Crisis Lifeline offers 24/7 call and text access to trained crisis counselors who can help people experiencing suicidal, substance use, and/or a mental health crisis.

What happens when I call 988?

1 When calling 988, callers first hear a greeting message.

2 A trained crisis counselor answers the phone, listens to the caller, and shares resources if needed.

3 If the local crisis center is unable to take the call, the caller is automatically routed to a national backup crisis center.



OHIO'S VOICE FOR SUICIDE PREVENTION



175 South 3rd Street
Suite 700 Columbus, OH 43215

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When should I contact 988?

If someone is having a mental health and/or addiction crisis.

Examples of mental health and addiction crises are:



Talking about suicide or planning to harm oneself or others



Withdrawing or feeling isolated



Depression or anxiety symptoms

Veterans 988 Line

Veterans, Service Members,
and their families should
call 988 and press option 1.



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OSPF

Ohio Suicide Prevention Foundation
OhioSPF.org

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