



The Ohio Suicide Prevention Foundation and PreventionFIRST! present:

Sources of Strength Ohio Network

SFY22 Competitive Funding Opportunity | Request for Proposal

Application Deadline – September 24, 2021 at 5:00pm

Executive Summary

The Ohio Suicide Prevention Foundation (OSPF) and PreventionFIRST! (PF!) are seeking partners to **support the statewide rollout of Sources of Strength Ohio** (Sources), an evidence-based suicide prevention program for elementary and secondary student populations. Awardees will recruit schools to participate in Sources of Strength elementary and secondary programs, provide technical assistance to local programs, assist with program implementation, and serve as a liaison between local and state partners. Applicants do not need to be trained in Sources of Strength to apply but must earn provisional certification in October 2021. **Awardees will be eligible to apply for year two funding.**

Funding Period: October 4, 2021 – June 30, 2022

Issue Date: September 3, 2021

Proposal Submission Deadline: September 24, 2021

Award Amount: \$15,000

Eligibility: Youth-led groups, not-for-profit organizations, schools, school partners, and government organizations. Must be a non-profit or governmental entity. Network Leaders must be trained as both an elementary coach and Sources of Strength provisional trainer to apply or complete virtual trainings held in October 2021 at no cost to attendees.

Questions: Contact RFP@ohiospf.org or Julie Cameron at julie@prevention-first.org no later than September 22, 2021. FAQs will be posted on the [RFP page](#).

Funding Overview

Funding from the Coronavirus Aid, Relief, and Economic Security (CARES) Act of 2020 has afforded the Ohio Department of Mental Health and Addiction Services (OhioMHAS) the opportunity to fund training and specified program costs associated with the research-based Sources of Strength program (Sources). This radically upstream approach to suicide prevention has been implemented in schools across the United States for decades, and for a select time, **Sources of Strength is available for free to Ohio schools**. Implementation costs for Sources can exceed \$10,000, but funding provided through OhioMHAS allows schools to either send a representative to be trained or work with a certified trainer or





coach to implement the Sources programs. Specified programmatic costs including training materials, resources and (elementary) curriculum are also covered.

To reach as many schools and students as possible, OSPF and PF! are teaming up with local leaders across the state to encourage the establishment of new Sources programs at the elementary and secondary levels. **A maximum of six award recipients will be chosen** to do the following: train as Sources of Strength elementary coaches and secondary trainers, support recruitment of area schools, offer or coordinate training for adult advisors and youth peer leaders, and provide technical assistance to local Sources programs.

Applicants do not need to demonstrate connectedness to schools in a variety of school districts or counties but do need to demonstrate a proven ability to work with local schools and a willingness to build relationships with schools in their region. **Strong applicants** will have existing relationships with local schools as demonstrated through letters of support or other evidence corroborated on school websites, local news articles, etc.

Permissible Use of Funds

Funds may be expended on travel, lodging, per diems, food/beverages (for programming purposes only), marketing, supplemental training aides, materials and supplies, participant group activities/incentives, meeting space rental, registration fees, and other items listed in the budget/budget narrative template.

About Sources of Strength

Sources of Strength is named for the **eight protective factors** shown to reduce suicidal behavior and promote positive behavioral health outcomes. [Research shows](#) that youth and young adults who can rely on one to two of the protective factors in the **Sources of Strength Wheel** (right) have lower rates of suicide and suicidal behavior. The elementary and secondary programs have been developed and refined over several decades to promote these protective factors at the individual, interpersonal, and community level.



The **Sources elementary program** can be implemented in grades 3-6 as a series of 12 units. This **evidence-informed universal curriculum** incorporates a protective factor framework for preventing bullying, substance abuse, violence, and suicide. Because the curriculum is designed to optimize flexibility, schools designate “coaches” in the school or community to coordinate lessons based on school and classroom goals. Some schools, for example, spread the 12 units across various grades; other schools teach all 12 units in the same semester or develop an entirely different schedule.



The **secondary model** is implemented in grades 7-12 as a youth-led prevention program. Secondary program coordinators work with teams of **adult advisors and youth peer leaders to develop and implement campaigns** that promote the eight protective factors during the school year and change social norms around mental health and suicide.

Required Grant Activities

Award recipients will work with one another as well as OSPF and PF! to expand Sources of Strength implementation sites across Ohio. Applicants must submit a proposal and fulfill the following required grant activities:

1. Recruit area schools to implement the elementary curricula and/or establish a youth-led Sources program at the secondary level.
2. If not already an elementary coach, participate in the virtual Sources elementary coaches training scheduled on October 4 – 5, 2021. [Registration here](#); awardees not eligible for \$125/day stipend.
3. If not already certified as a secondary program trainer, earn provisional certification by participating in the virtual training of the trainers scheduled for October 19 – 22, 2021. [Registration here](#); awardees not eligible for \$125/day stipend.
4. Earn full certification as a Sources trainer by co-training two teams of adult advisors and youth peer leaders with the national training team, preferably by June 30, 2022.
5. Participate in the Sources of Strength Ohio Network Leadership Team monthly Zoom meetings.
6. Regularly communicate with key staff at OSPF and PF! regarding successes and barriers for expanding Sources of Strength in the award recipient's region.

Proposal Components (not to exceed 15 pages)

A. Organization Face Sheet. (1 page) This component introduces the applicant and should include the following information:

1. Applicant organization name
2. Applicant organization address
3. Applicant organization phone number
4. Applicant organization's federal tax ID
5. Applicant status as a 501(c) or (3) non-profit or government entity
6. Executive director name
7. Executive director contact information (email and phone number)
8. Applicant fiscal officer name



9. Applicant fiscal officer contact information (email and phone number)
10. Name and title of the contact person responsible for implementing grant required grant activities. This person must complete Source coach/provisional trainer trainings by October 2021 (proposed Network Leader)
11. Network Leader contact information (email and phone number)
12. Proposal title

B. Project Narrative. (2 to 14 pages) This component describes the applicant's approach to fulfilling the required grant activities outlined on the previous page.

Applicants should consider local needs as determined by local data sources (school survey data, youth suicide rates, etc.) and the presence of existing prevention programming when developing their plan to encourage regional adoption of Sources. Applicants can reach out to RFP@ohiospf.org or julie@prevention-first.org to find out if community organizations or schools in their area are familiar with Sources, signed up to implement the program, or have certified trainers on staff.

Applicants who are not familiar with Sources of Strength can learn more about the programs by visiting www.sourcesofstrengthohio.org or www.sourcesofstrength.org.

The following points must be addressed in Applicant proposals:

1. Confirm your willingness to complete the required grant activities.
2. Describe the region you intend to serve, including the county names, cities/towns, and school districts included in this area. Is this region primarily urban, suburban, rural, Appalachian? What are the demographics of this region?
3. What is your willingness to expand Sources beyond your school, community or county? To which schools, communities, or counties would you be willing to travel and support?
4. Describe the role of your organization in your region. How are you embedded in the community and with local schools?
5. In which efforts is your organization engaging to address mental and behavioral health?
6. Describe your relationships with local schools and youth-serving or youth-led community organizations. Applicants may provide letters of support, supplementary materials such as website pages, or other pieces of evidence to demonstrate the strength of their relationships with local schools. These materials should be added as appendices to the proposal and do not count toward the page limit for the proposal.
7. Why are you interested in the Sources of Strength programs?



8. What opportunities do you see for Sources of Strength in your region? Consider the area's resistance to or embrace of prevention programming, commitment to socio-emotional learning, or recognition of behavioral health issues that require investment from the community.
9. Detail your plan and timeline for developing a network of Sources of Strength programs in your region. The Applicant does not need to fully develop their network by June 30, 2022, but the proposal should state what the Applicant expects to accomplish by the end of the funding period and how they would continue to expand their work if funded for additional fiscal years.
10. List at least two objectives you expect to achieve by June 30, 2022. How will you track your progress toward the objectives?
11. Create a marketing plan to promote Sources in your region, recruit schools, and offer training/technical assistance to local elementary and secondary programs.
12. Describe the organization contact person who will be responsible for implementing the required grant activities (the Network Leader), define their role in developing a regional Sources network, and explain what would make them a successful Network Leader. Include their resume as an appendix to the proposal. The resume does not count toward the page limit.

C. Budget and Budget Narrative. (No page limit) This component describes how the funds will be used to fulfill required grant activities. Applicants may request a maximum of \$15,000. Details on allowable costs are listed in the Permissible Use of Funds section in this RFP, the budget template, and the conditions and assurances.

D. Conditions and Assurances Agreement. This component details the conditions on which grant funds will be disbursed to awardees as well as assurances made by the awardee to the Ohio Suicide Prevention Foundation as the fiscal agent for this grant.

Submission Information

Proposals should be emailed as Word or PDF documents to RFP@ohiospf.org by 5:00 p.m. on Friday, September 24, 2021. Confirmation emails will be sent the business day after the proposal has been received. If no confirmation email is sent, applicants are encouraged to contact Evi Roberts by phone at (614) 407-6410 to follow up on their application.

Review and Selection Process

Applications will be scored using the rubric at the end of this document. Applicants will be notified of their award status by October 1, 2021.



SFY22 Competitive Funding Opportunity | Budget Narrative

Introduction

The purpose of this document is to provide guidance to the Applicant on the development of their budget and budget narrative for the Sources of Strength Ohio Network Award (hereafter referred to as “the Award”).

Directions: Fill out the table below to show how Award funds will be used, then complete the budget narrative on the next page.

Budget Table

Budget Categories:	OSPF Funds	Other Funds (not required)	Total Funds
Category I: Personnel Costs			
Personnel			
Fringe Benefits			
Category II: Non-Personnel Costs			
Consultants			
Subscriptions & Publications			
Supplies			
Printing/Copying			
Rent/Lease Expenses			
Phone/Utilities			
Maintenance/Repair			
Rentals			
Insurance			
Motor Vehicle			
Travel-hotel			
Food			
Conference/Training/ Registration			
Equipment/Computer			
Furniture			
Totals			





Budget Narrative

For each category, include the total value of funds devoted the project.

Personnel Salaries and Wages **Total Value of funds: \$ _____.**

Explanation of how expenditures were calculated and the justification for the expended funds for the proposed project.

Fringe Benefits **Total Value of funds: \$ _____.**

Explanation of how fringe expenditures were calculated and the justification for the expended funds for the proposed project.

Travel **Total Value of funds: \$ _____.**

Explanation of how expenditures were calculated and the justification for the expended funds for the devoted project.

Equipment **Total Value of funds: \$ _____.**

Explanation of how expenditures were calculated and the justification for the expended funds for the proposed project.

Supplies **Total Value of funds: \$ _____.**

Explanation of how expenditures were calculated and the justification for the expended funds for the devoted project. This funding opportunity will require the technological capability to participate in video conferencing. If you do not own a webcam or other supplies to participate in video conferencing, include the cost of a webcam in your budget. If you currently own a webcam or other supplies that enables participation in video conferencing, include a statement indicating that a webcam is not needed.

Contractual **Total Value of funds: \$ _____.**

The cost of consultants and other independent contractors (including their invoiced support costs), temporary help, and task and deliverables based sub-contracts.

Other Expenses **Total Value of funds: \$ _____.**

Insert explanation of how expenditures were calculated and the justification for the expended funds for the proposed project.

Indirect Costs **Total Value of funds: \$ _____.**

Insert explanation of how expenditures were calculated and the justification for the expended funds for the proposed project.

Matched **Total Value of funds: \$ _____.**

Insert explanation of how expenditures were calculated and the justification for the expended funds for the proposed project.



SFY22 Competitive Funding Opportunity | Conditions and Assurances Agreement

Introduction

The purpose of this document is to ensure that the Applicant is aware of expectations that accompany the Sources of Strength Ohio Network Leader Award (hereafter referred to as “the Award”) and of

_____ (hereafter referred to as “the Grantee”) if they receive the Award. By signing the Conditions and Assurances Agreement (hereafter referred to as “the Agreement,”), Grantee agrees to abide by the assurances enclosed as a condition of receiving grant funding.

Funding Period: October 4, 2021 – June 30, 2022

Directions: Fill in document blanks and secure signatures from the Grantee Executive Director, Fiscal Officer, and Network Leader. To satisfy the requirements for this component, Applicants must accept the conditions and assurances without amendment. Signatures must be completed with a blue or black pen. In organizations where one person acts as two signors (the executive director, the fiscal officer, and/or the Network Leader), the individual in question should sign all applicable lines.

Conditions and Assurances

The undersigned grantee _____ makes the following representations and agrees to the following conditions in accepting funds from the Ohio Suicide Prevention Foundation through the Ohio Department of Mental Health and Addiction Services.

1. Grantee will utilize the funds solely for the purpose of participation as outlined in the grant application.
 - a. Funds CANNOT be used for any product or publication purchased from OSPF.
 - b. Funds CAN be used for food/beverages related to or required by project work or for any travel purposes.
 - c. Funds CAN be used for the following, including but not limited to, personnel and fringe, office lease, utilities, telephone/Internet, and general supplies for the purposes of completing the goals and objectives of the grant.
2. Funds CAN be used to contract with third party subject matter experts and may be used to offer financial assistance to other organizations/individuals for the purposes of completing goals and objectives of the grant.
3. Grantee possesses the legal authority to apply for the grant and a motion resolution, or similar action has been adopted by Grantee and certified or executed by a duly authorized officer or representative of Grantee, authorizing the filing of the





application for the Funds, including all understandings and assurances contained therein, and directing and authorizing the person identified below as the official representative of the Grantee to act in connection with the proposal and to provide such additional information as may be required.

4. Grantee will comply with all applicable federal, state, and local laws prohibiting unlawful discrimination on the basis of race, ethnicity, age, color, religion, sex, national origin, sexual orientation, or disability.
5. Grantee will acknowledge the source of the funds on all written materials generated from the Award, and in all advertising and media releases using the language:

“This project was funded by the Ohio Suicide Prevention Foundation with grants and support from the Ohio Department of Mental Health and Addiction Services.”

6. Grantee will participate in and complete all activities and deliverables related to the grant as specified in the Sources of Strength Ohio RFP and Grantee proposal.
7. Grantee will complete all activities and related expenses by June 30, 2022.
8. Grantee will calculate fund expenditures and report any anticipated unspent funds to OSPF by Friday, June 18, 2022.
9. If the Grantee does not expend the entire portion of the awarded funds, the remaining funds will be returned to OSPF by Friday, August 6, 2022.
10. Grantee will not make any budget changes without the prior approval of OSPF. If grant funds are used other than set forth in the application without written approval, the applicant will repay the full amount of the grant.
11. Grantee understands that failure to meet the parameters of 6 and 7 above will impact the grantee’s ability to receive funding from OSPF for future projects.
12. Grantee hereby agrees to indemnify, defend, save and hold harmless OSPF from any and all liabilities, obligations, claims, suits, actions, losses, damages, fines, penalties or any other costs which arise in whole or in part out of any authorized or unauthorized acts by the Grantee, its representatives, agents, employees or affiliates, directly or indirectly related to the Award, accompanying funds, projects, or activities.
13. Grantee agrees not to accept sponsorship from or partnership with the alcohol or tobacco industry for any purpose within the scope of this project.
14. Grantee agrees not to alter the OSPF logo or Sources of Strength Ohio logo for any reason.
15. Grantee agrees to provide OSPF with an accurate accounting of grant expenditures for this grant accompanied by receipts upon request.



16. Grantee is aware that Lobbying - Section 319 of Public Law 101-121 generally prohibits recipients of Federal grants and cooperative agreements from using appropriated funds for lobbying.

Network Leader Name	Signature	Date
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Fiscal Office Name	Signature	Date
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CEO/Executive Director Name	Signature	Date
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SFY22 Competitive Funding Opportunity | RFP Rubric

Introduction

The purpose of this document is to facilitate Applicant understanding of how each proposal will be scored by reviewers. Applicants are encouraged to use the rubric below to ensure they meet or exceed reviewer expectations for a competitive proposal.

Scoring

Reviewers will rate the proposal’s ability to meet RFP criterion on the following scale:

- 0** = Proposal **does not meet** expectations for this criterion.
- 1** = Proposal **partially** meets expectations for this criterion.
- 2** = Proposal **meets** expectations for this criterion.
- 3** = Proposal **exceeds** expectations for this criterion.

The rubric includes three sections, weighted as follows and worth a maximum of 72 points:

Section	Weight	Maximum Score (Before Weight)
Applicant Face Sheet	10%	27 points
Project Narrative	70%	36 points
Budget and Budget Narrative	20%	9 points

After being weighted, proposals will be worth a maximum of 30 points.

I. APPLICANT FACE SHEET - <u>27 points possible</u> (before weight)	SCORE
Applicant organization's name	
Applicant organization's address	
Applicant organization's phone number	
Applicant organization's federal tax ID	
Applicant organization's status as a non-profit or governmental entity	
Executive director's name, email address, and phone number	
Fiscal officer's name, email address, and phone number	
Network leader's name, email address, and phone number	
Proposal title	
Total Score	





II. PROJECT NARRATIVE - 36 points possible (before weight)	SCORE
Willingness to complete required grant activities.	
Description of applicants' intended service area, including county names, cities/towns, and school districts; designation as urban, suburban, rural and/or Appalachian; demographics of the region.	
Willingness to expand Sources beyond their school, community, or county.	
Organization's role in their region and description of embeddedness within the community/local schools.	
Organization's efforts to address mental & behavioral health.	
Applicant's relationship with local schools and youth-serving or youth-led community organizations.	
Description of interest in Sources of Strength.	
Opportunities to expand Sources in their region.	
Plan and timeline for developing a network of Sources of Strength programs in the region.	
Two objectives to be achieved by the end of SFY22 and plan to track progress toward the objectives.	
Marketing plan to promote Sources in the region, recruit schools, and offer training/technical assistance to local coaches, secondary coordinators, and adult advisors.	
Competency and role of the proposed Network Leader.	
Total Score	

III. BUDGET AND BUDGET NARRATIVE - 9 points possible (before weight)	SCORE
Budget expenditures align with expenditure restrictions and allowable costs as described in the RFP and conditions and assurances.	
Budget narrative is sufficient to explain proposed funding expenditures.	
Proposed funding expenditures support the goal of developing the Sources of Strength Network as described in the RFP.	
Total Score	